

BUILDING SELF ESTEEM



Do you want to:

- Improve your child's confidence and self esteem?
- Help your child deal with anxious feelings?
- Understand your child's behaviours?
- Communicate better with your child?

Come along to this FREE session to learn strategies, share stories and take some time out for you!

WHEN: Tuesday 24th March

TIME: 1:00pm-3:00pm

WHERE: South Street Primary School, 34 South St, Moe

COST: Free. Bookings essential.

Bookings and further information:

Parentzone Gippsland on 5135 9555 or parentzone.gippsland@anglicarevic.org.au

